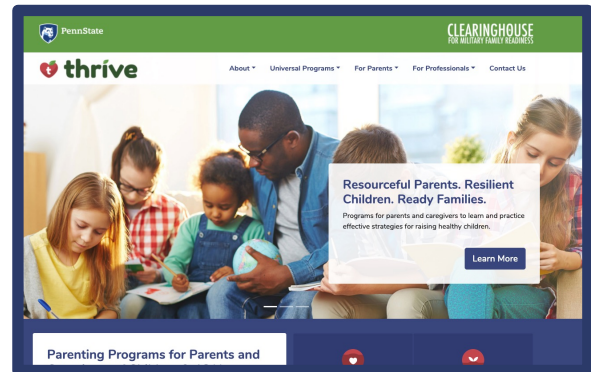




The Thrive Initiative is a continuum of evidence-informed parenting programs that are designed to empower parents and caregivers as they nurture children from the prenatal period until their children are 18 years old. There are four age-specific program areas: Take Root (0 to 3 years), Sprout (3 to 5 years), Grow (5 to 10 years), and Branch Out (10 to 18 years). Each Thrive program guides parents in learning about and using parenting and health-promotion skills that are based on science.

thrive.psu.edu

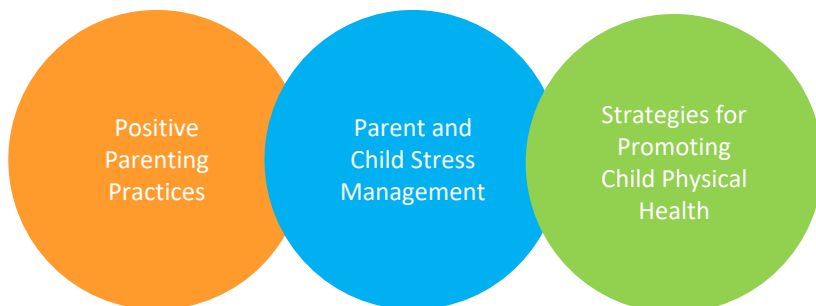


Branch Out available in 2021!



branch out

Take Root online, Sprout online, and Grow online are all currently available for parents and caregivers in self-directed, web-based formats. Branch Out, for parents and caregivers of children ages 10 through 18 years old, is currently in development and will be available in late 2021. All online universal programs can be accessed via the Thrive website at no cost for military and civilian parents and caregivers.



CLEARINGHOUSE
FOR MILITARY FAMILY READINESS

Supplemental Modules coming in 2021!

Grandparents raising 10-to 14-year-old grandchildren as a result of substance abuse on the part of the child's parent

Parents and caregivers with children with special needs

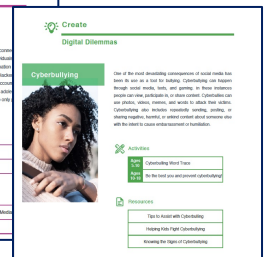
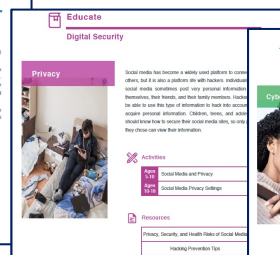
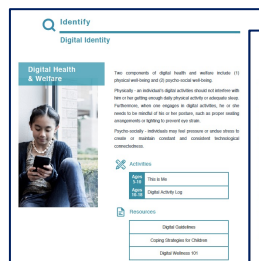
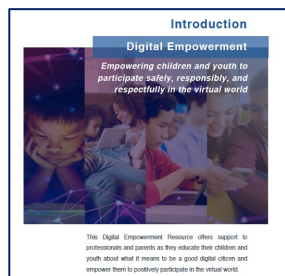
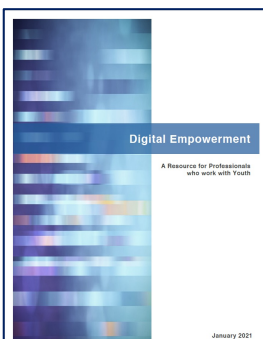


As a result of feedback received from the field and additional grant funding, two supplemental modules are currently being developed. These modules will be optional add-ons for parents and caregivers to consider after they have completed the age-appropriate Thrive universal online program. Once parents and caregivers have taken the online program that aligns with the developmental age of their child, they can explore one or more of the supplemental modules if they wish.



Professional Resource Highlight

A Digital Empowerment Resource has been developed and is intended to be used by professionals who work with children, youth, and families to help provide support for these individuals in the development of appropriate and responsible online behaviors. The categorization of topics allows for the professional to easily identify a topic area and quickly find activities or resources that pertain to the specific topic. The use of the activities can be built into existing lesson plans or used alone. The Digital Empowerment Resource can be found on the Thrive website at <https://thrive.psu.edu/for-professionals/resources/>



FOR MORE INFORMATION CONTACT US:
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