# Newsletter Figure 1000 April 2023



In the United States, April is recognized as the Month of the Military Child. During this time, military-connected children are celebrated as strong, brave, and proud! These children show selflessness and sacrifice, not just in April, but all year long!

Featured Blog Post: <u>Through the Eyes of a Military Child</u>

### Additional Blog Posts:

<u>Learning Through Failure: How You</u> <u>Can Help Your Child</u>

<u>Helping Your Child Navigate Social</u> <u>Mistakes</u>

#### **Supplemental Parent-Education Modules**

Supplemental parent-education modules have been created that target specific areas of need that may help you as you strive to meet your family's needs. We recommend that you participate in a core universal developmentally appropriate Thrive program (i.e., Take Root, Sprout, Grow, Branch Out) before you access a supplemental module so you can get the most out of the information presented. The newest supplemental modules, and a brief description of each, are listed below!

#### **<u>Co-Parenting: Coordinated. Cooperative. United.</u>**

This is a supplemental parent-education module that is designed to offer support to parents and caregivers as they coparent their children alongside other adults.

## Parental Absence: Parenting Through Family Separation

This is a supplemental parent-education module that is designed to offer support to parents and caregivers who experience family separation.

## Coming Soon!

Harmful Behaviors: Recognize. Respond. Repair. This is a supplemental parent-education module that is designed to offer support to parents and caregivers as they help their children understand how their behavior impacts themself and others and determine what to do when they experience or witness unwanted or harmful behaviors such as bullying. April is also acknowledged as **Child Abuse Prevention Month**. Preventing and reducing the risk of child maltreatment in military families are high priorities for Thrive and our military partners. The Department of Defense provides specialized support for active-duty military families who are expecting or adopting an infant or young child and/or who have children aged 0-3 years through <u>The New Parent Support Program</u> and its home visitation services.

Take Root Home Visitation (TRHV) is an evidence-informed, secondary prevention program that targets military and civilian families who are or may be at risk for child maltreatment. The program is delivered in a face-to-face format by home visitation specialists to parents and caregivers of infants and children who are birth to 3 years old.

This program is the result of a partnership funded by the Department of Defense between the Office of the Deputy Assistant Secretary of Defense for Military Community and Family Policy and the USDA's National Institute of Food and Agriculture through a grant/cooperative agreement with Penn State University.

Take Root Home Visitation is currently being piloted with the military.

More information on TRHV can be found <u>here</u>!

**Contact Us** Email: thrive@psu.edu Phone: 1-877-382-9185

## Thrive Initiative: Educational Series for Professionals

Join us for the third presentation in our Thrive Educational Series on May 10, 2023, led by Dr. Daniel F. Perkins, Founder and Principal Scientist at the Clearinghouse for Military Family Readiness at Penn State!

Join us and see how science can be used to enhance positive outcomes for children, youth, and families! The research base regarding resiliency continues to grow. We will explore critical elements that can be used to build resilience and help children, youth, and families THRIVE!

Click here to register for this presentation!

There is no cost to attend; however, we do require advanced registration. An hour of APA Continuing Education credit will be offered to participants for each of the presentations within the series.



Resourceful Parents. Resilient Children. Ready Families.