



How Do I Keep My Baby Safe? – Checklist

Childproofing means eliminating possible dangers from your home. Even in the safest of environments, a child can still get hurt. Whether you live in a city apartment, a mobile home, a house in the country, student or military housing, or whether you live in your own home or with family or friends, there are common hazards and basic steps you can take to help keep your baby safe.

This checklist will help you identify items and areas in your home to inspect for safety. In the location boxes for each item, enter "R" for removed, "S" for secure, "NY" for not yet, and "N/A" for not applicable. Use the notes column to write reminders for yourself.

Items Secured or Removed	Living Room	Bedroom	Dining Room	Kitchen	Notes
 Lamps and Lamp Cords					
 Phone/Tablet Chargers					
 Computer Charger/Cords					
 Printer Cords					
 Extension Cords					
 Electric Fans and/or A/C Window Units					
 Curtains and Blind Cords					
 Plants					
 Tablecloths					
 Low-hanging Jewelry					
 Hair Dryers and Curling/Flat Irons					

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Items Secured or Removed	Living Room	Bedroom	Dining Room	Kitchen	Notes
 Paper and Paper Products <i>(pencils, paperclips, etc.)</i>					
 Soaps and Lotions					
 Household Cleaning Supplies					
 Lower Cabinets/Shelves with pots and pans, food, small appliances, books, sharp items, picture frames, vases, etc.					
 Pet Items <i>(bowls, toys, etc.)</i>					
 Garbage and/or Access to Plastic Bags					
 Electrical Outlets					
 Clothes Iron and/or Steamer					
 Small Toys from Older Children					
 Items Related to Hobbies <i>(e.g., knitting/crocheting, wood work, sewing, etc.)</i>					
 Baby Gates					

Additional resources, skills, and strategies for parents are available at no cost through the online Thrive Initiative programming. Visit the Thrive website <https://thrive.psu.edu>, and sign up today!