



Safe Driving Pledge

Additional resources, skills, and strategies for parents are available at no cost through the online Thrive Initiative programming. Visit the Thrive website <https://thrive.psu.edu>, and sign up today!

PARENT-TEEN DRIVING AGREEMENT

I, _____, will drive carefully and cautiously and will be courteous to other drivers, bicyclists, and pedestrians at all times.



I PROMISE

I promise that I will obey all the rules of the road.

- Always wear a seat belt and make all my passengers buckle up
- Obey all traffic lights, stop signs, other street signs, and road markings

I promise that I will make sure I can stay focused on driving.

- Never text while driving (writing, reading, or sending messages)
- Place the cell phone in the back seat of the car while driving
- Drive with both hands on the wheel
- Drive only when I am alert and in emotional control
- Call my parents for a ride home if I am impaired in any way that interferes with my ability to drive safely, or if my driver is impaired in any way
- Never use headphones or earbuds to listen to music while I drive

I promise that I will respect laws about drugs and alcohol.

- Drive only when I am alcohol and drug free
- Never allow any alcohol or illegal drugs in the car
- Be a passenger only with drivers who are alcohol and drug free

I promise that I will be a responsible driver.

- Drive only when I have permission to use the car, and I will not let anyone else drive the car unless I have permission
- Drive someone else's car, only if I have parental permission
- Complete my family responsibilities and maintain good grades at school as listed here:



RESTRICTIONS

I agree to the following restrictions but understand that these restrictions will be modified by my parents as I gain more driving experience and demonstrate that I am a responsible driver.

- For the next _____ months, I will not drive after _____ pm.
- For the next _____ months, I will not transport more than _____ teen passengers (unless I am supervised by a responsible adult).
- For the next _____ months, I won't adjust the stereo, electronic devices, or air conditioning/heater while the car is moving.
- For the next _____ months, I will not drive in bad weather.
- I understand that I am not permitted to drive to off-limit locations or on roads and highways as listed here:

- Additional restrictions:

PENALTIES FOR AGREEMENT VIOLATIONS

- Drove while texting (composed, read or sent message or email with phone).
NO DRIVING FOR _____ MONTHS
- Drove after drinking alcohol or using drugs.
NO DRIVING FOR _____ MONTHS AND PAY ALL ASSOCIATED COSTS
- Got ticket for speeding or moving violation.
NO DRIVING FOR _____ MONTHS AND PAY ALL FINES AND/OR TICKETS
- Drove after night driving curfew.
NO DRIVING FOR _____ WEEKS/MONTHS



Drove too many passengers.
NO DRIVING FOR _____ WEEKS/MONTHS

Broke promise about seat belts (self and/or others).
NO DRIVING FOR _____ WEEKS/MONTHS

Drove on a road or to an area that is off limits.
NO DRIVING FOR _____ WEEKS/MONTHS

I agree to follow all the rules and restrictions in this agreement. I understand that my parents will impose penalties, including removal of my driving privileges, if I violate the agreement. I also understand that my parents will allow me greater driving privileges as I become more experienced and as I demonstrate that I am always a safe and responsible driver.

SIGNATURES

Driver: _____ Date: _____

Parent promise: I also agree to drive safely and to be an excellent role model.

Parent (or guardian): _____ Date: _____

Parent (or guardian): _____ Date: _____

Adapted from Parent-Teen Driving Agreement:

Centers for Disease Control and Prevention. (2014). https://www.cdc.gov/parentsarethekey/pdf/patk_2014_teenparent_agreement_aap-a.pdf