



## Safe Driving Pledge

Additional resources, skills, and strategies for parents are available at no cost through the online Thrive Initiative programming. Visit the Thrive website <https://thrive.psu.edu>, and sign up today!

### PARENT-TEEN DRIVING AGREEMENT

I, \_\_\_\_\_, will drive carefully and cautiously and will be courteous to other drivers, bicyclists, and pedestrians at all times.



#### I PROMISE

**I promise that I will obey all the rules of the road.**

- ☐ Always wear a seat belt and make all my passengers buckle up
- ☐ Obey all traffic lights, stop signs, other street signs, and road markings

**I promise that I will make sure I can stay focused on driving.**

- ☐ Never text while driving (writing, reading, or sending messages)
- ☐ Place the cell phone in the back seat of the car while driving
- ☐ Drive with both hands on the wheel
- ☐ Drive only when I am alert and in emotional control
- ☐ Call my parents for a ride home if I am impaired in any way that interferes with my ability to drive safely, or if my driver is impaired in any way
- ☐ Never use headphones or earbuds to listen to music while I drive

**I promise that I will respect laws about drugs and alcohol.**

- ☐ Drive only when I am alcohol and drug free
- ☐ Never allow any alcohol or illegal drugs in the car
- ☐ Be a passenger only with drivers who are alcohol and drug free

**I promise that I will be a responsible driver.**

- ☐ Drive only when I have permission to use the car, and I will not let anyone else drive the car unless I have permission
- ☐ Drive someone else's car, only if I have parental permission
- ☐ Complete my family responsibilities and maintain good grades at school as listed here:

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**RESTRICTIONS**

I agree to the following restrictions but understand that these restrictions will be modified by my parents as I gain more driving experience and demonstrate that I am a responsible driver.

- ☐ For the next \_\_\_\_\_ months, I will not drive after \_\_\_\_\_ pm.
- ☐ For the next \_\_\_\_\_ months, I will not transport more than \_\_\_\_\_ teen passengers (unless I am supervised by a responsible adult).
- ☐ For the next \_\_\_\_\_ months, I won't adjust the stereo, electronic devices, or air conditioning/heater while the car is moving.
- ☐ For the next \_\_\_\_\_ months, I will not drive in bad weather.
- ☐ I understand that I am not permitted to drive to off-limit locations or on roads and highways as listed here:  
\_\_\_\_\_  
\_\_\_\_\_
- ☐ Additional restrictions:  
\_\_\_\_\_  
\_\_\_\_\_

**PENALTIES FOR AGREEMENT VIOLATIONS**

- ☐ Drove while texting (composed, read or sent message or email with phone).  
NO DRIVING FOR \_\_\_\_\_ MONTHS
- ☐ Drove after drinking alcohol or using drugs.  
NO DRIVING FOR \_\_\_\_\_ MONTHS AND PAY ALL ASSOCIATED COSTS
- ☐ Got ticket for speeding or moving violation.  
NO DRIVING FOR \_\_\_\_\_ MONTHS AND PAY ALL FINES AND/OR TICKETS
- ☐ Drove after night driving curfew.  
NO DRIVING FOR \_\_\_\_\_ WEEKS/MONTHS



- ☐ Drove too many passengers.  
NO DRIVING FOR \_\_\_\_\_ WEEKS/MONTHS
- ☐ Broke promise about seat belts (self and/or others).  
NO DRIVING FOR \_\_\_\_\_ WEEKS/MONTHS
- ☐ Drove on a road or to an area that is off limits.  
NO DRIVING FOR \_\_\_\_\_ WEEKS/MONTHS

I agree to follow all the rules and restrictions in this agreement. I understand that my parents will impose penalties, including removal of my driving privileges, if I violate the agreement. I also understand that my parents will allow me greater driving privileges as I become more experienced and as I demonstrate that I am always a safe and responsible driver.

## SIGNATURES

Driver: \_\_\_\_\_ Date: \_\_\_\_\_

**Parent promise:** I also agree to drive safely and to be an excellent role model.

Parent (or guardian): \_\_\_\_\_ Date: \_\_\_\_\_

Parent (or guardian): \_\_\_\_\_ Date: \_\_\_\_\_

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**Adapted from Parent-Teen Driving Agreement:**

Centers for Disease Control and Prevention. (2014). [https://www.cdc.gov/parentsarethekey/pdf/patk\\_2014\\_teenparent\\_agreement\\_aap-a.pdf](https://www.cdc.gov/parentsarethekey/pdf/patk_2014_teenparent_agreement_aap-a.pdf)