



take root home visitation

What is Take Root Home Visitation?

Take Root Home Visitation is an evidence informed, secondary prevention program that targets military and civilian families who are or may be at risk for maltreatment. The program is delivered in a face-to-face format by home visitation specialists to parents and caregivers of infants and children from birth to 3 years of age. Take Root Home Visitation draws from research and practice in the fields of resilience, attachment, neuroscience, and social cognition to build a curriculum that engages families, builds trust, and supports positive parenting. Promising practices from parent education and infant mental health are integrated throughout the content to offer support to professionals. Take Root Home Visitation is part of the Thrive Initiative. The Thrive Initiative is a continuum of evidence informed parenting programs that is designed to empower parents and caregivers as they nurture children from the prenatal period until 18 years of age.

What Type of Training is Available?

Home visitors are trained in Take Root Home Visitation via an in-person training provided by a team of Take Root Home Visitation trainers. Curriculum materials are available on-demand in an Online Repository for individuals who complete Take Root Home Visitation training.

How Does One get Trained in Take Root Home Visitation?

If you are interested in training home visitation professionals in Take Root Home Visitation, please email thrive@psu.edu.



Helping Our Youngest Military Family Member and His or Her Parents Thrive

The curriculum is **flexible**. Home visitors can tailor planning and programming to meet the needs of individual families.

The program is **dynamic** with developmentally-appropriate content as children and parents learn and grow.

Home visitors and parents are provided with a sense of **empowerment** as the curriculum supports mutual decision-making and collaborative alliances between the home visitor and the family.

The curriculum is **grounded** in theory, best practices, and family strengths, which are infused throughout program components.

Topics are **centered** on everyday family moments and highlight opportunities and address challenges, so families can thrive.