



take root home visitation

Take Root Home Visitation

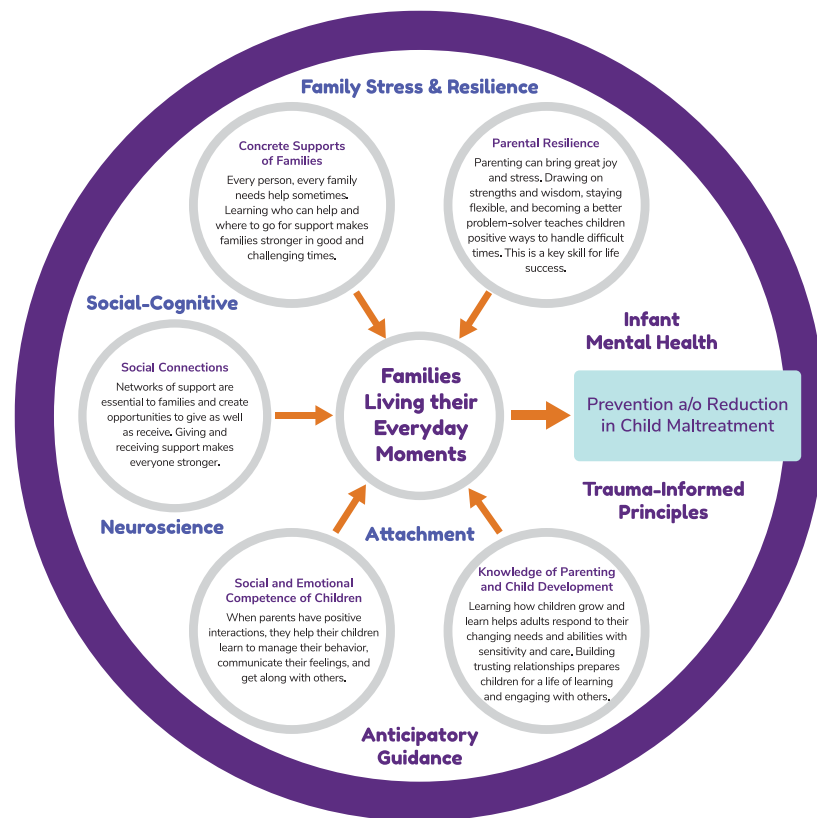
Take Root Home Visitation (TRHV) is an evidence-informed, secondary prevention program that targets military and civilian families who are or may be at risk for maltreatment. The program is delivered in a face-to-face format by home visitation specialists to parents and caregivers of infants and children birth to 3 years old.

- Draws from research and practice in the fields of resilience, attachment, neuroscience, and social cognition to build a curriculum that engages families, builds trust, and supports positive parenting.
- Integrates promising practices from parent education and infant mental health throughout the content to support professionals.

Home Visitor Training

Home visitors are trained via in-person, virtual, or web-based training. Curriculum materials are available on demand in an Online Repository for individuals who complete the TRHV training.

- If you serve military families and would like to access the online training, please visit <https://thrive.psu.edu/professionals/facilitated-programs/>. If you are interested in in-person or virtual training, please email trhv@psu.edu.
- If you serve civilian families and are interested in becoming trained in TRHV, please email trhv@psu.edu.



Helping Our Youngest Military Family Member and His or Her Parents Thrive!



The curriculum is **flexible**. Home visitors can tailor planning and programming to meet the needs of individual families.



The program is **dynamic** with developmentally-appropriate content as children and parents learn and grow.



Home visitors and parents feel **empowered** as the curriculum supports mutual decision-making and collaborative alliances between the home visitor and the family.



The curriculum is **grounded** in theory, best practices, and family strengths, which are infused throughout program components.



Topics **center** on everyday family moments and highlight opportunities and address challenges so families can thrive.