

2024 Thrive Educational Series

Session II

Working with Stepfamilies: Understanding the Challenges**Date/Time: Tuesday, May 21, 2024, at 12 pm EDT**

Stepfamilies are complicated. When one family form ends and another one begins, family members need to adapt to and coordinate with each other. Grouping individuals together, who have potentially become accustomed to a different way of life or even a different family system or structure, can create unique challenges. This presentation discusses the unique challenges that exist in stepfamilies from multiple perspectives—the stepparent, the biological parent(s), and the children—and will examine some best practices for resolving issues and promoting family health and well-being.



About the Presenter: Dr. Douglas Teti is a developmental scientist whose research focuses on family processes related to infant and early child development. His interests include examining socio-emotional development in early childhood (e.g., quality of attachment to parents) and parenting competence and parenting at risk and exploring how parenting is affected by parental mental health and contextual factors and how parenting affects infant and child functioning. Over the last 10 years, he has received funding from the National Institute of Child Health and Human Development to examine the role of parenting in promoting/impeding child sleep in infancy and early childhood and to assess how parenting and sleep intersect in predicting child development and family functioning.

Hybrid Implementation of Thrive Parent-Education Programming**Date/Time: Wednesday, July 31, 2024, at 12 pm EDT**

Parent-education programs have historically been offered in person, which created several barriers. Due to recent technological advances, a shift to offering parent programming in an online format has occurred to address these barriers. While this web-based delivery method eliminates many barriers, it also removes the interpersonal connection that participants might establish with a supportive professional or another parent. Thus, hybrid programming has been suggested as a way to deliver programming to parents that incorporates the best features of in-person and online delivery. This presentation will explore how the Thrive portfolio of programs can be delivered in a hybrid format for group face-to-face or virtual synchronous interaction while parents complete the online asynchronous program.



About the Presenter: Terri L. Rudy, M.P.A., is a Research Project Manager at the Clearinghouse for Military Family Readiness at Penn State (Clearinghouse) and the Thrive Initiative's Project Manager. In this role, she oversees and contributes to the curriculum and content development, implementation and dissemination, and evaluation of universal and secondary prevention parent-education programming that focuses on child and family well-being. Through her responsibilities managing the outreach and communication efforts for Clearinghouse projects and programs, she helps to advance existing and future work funded through the Department of Defense and community partnerships that intend to promote health among military families.

Participants will be offered an hour of Continuing Education credit for each completed presentation.

The American Psychological Association approves the Clearinghouse as a sponsor for continuing education for psychologists. The Clearinghouse maintains responsibility for the presentations and their content.

Advance Registration Required: Use this link to register <https://bit.ly/ThriveEduSessionII>

There is no cost to attend.